



## Our Resident Team

### Pauline Annetts

After leaving school in 1970 I started my working career in the Banking World, followed by the Shipping World, followed by motherhood. After a succession of part time work I eventually went back to full time employment with the Bromley Enterprise Agency Trust (BEAT), this organisation helped people going back to employment by setting up their own business.

I was with (BEAT) for 5 years and unfortunately due to lack of funding was made redundant. I stayed at home for a while but found this to be a little boring so took myself off to college to learn how to use a computer.

After 2 years of studying and a few City & Guilds certificates I started to look around for a part time job and was lucky enough to land a job as administrator with the Swanley Volunteer Bureau.

I have now been with the Volunteer Centre for 10 years, and in the last 6 months have taken over the reins, after the initial shock of being thrown in at the deep end I am beginning to enjoy my new position.

### Della Jeffery

I left college many years ago and became a professional dancer for 12 years working in the West End and traveling the globe several times. I retired from dancing in 1992.

I set up my own company Dellafit which consisted of a health shop, fitness exercises classes and massage. In 1995 I started a family and closed the business down due to lack of time on my part. I then worked for the Kent Adult education service for 9 years teaching exercises classes which led to classes set up in residential homes for the elderly. These soon became very successful and are still continuing to date by another tutor. I also taught Anatomy and Physiology along with Massage. As my children were now at school and were attending many after school activities I needed to change my hours and look for another job.

I started working for the Swanley Volunteer Centre in late November 2004 as the Project Worker services for the Elderly (Yes not my choice of a title). I look after the Befriending scheme and Reminiscence scheme and still see some of the elderly people that I once taught exercises to. Both schemes have grown over the year and keep me very busy. In my spare time (which isn't a lot) I am a volunteer with the local athletic club as a coach for the junior section (can be a headache at times!)

## Contact Us

### Find us in Swanley above the Library



Library & Information Centre, London Road, Swanley BR8 7AE

Phone: **01322 669292** or our new lo' rate number: **0845 241 2180**

Email: [info@swanleyvolunteers.com](mailto:info@swanleyvolunteers.com)

Mon – Thurs 9.30 – 3.00

Fri 9.30 – 1.00

### You can also find us at:



**New Ash Green Library** from 9.15am to 11.15am every 1st Tuesday of each month

**Hartley Library** 9.15am to 11.15am every 3rd Tuesday of each month

**Lullingstone Visitors Centre**, Eynsford Notice Board on display with leaflets on volunteering

**West Kingsdown Library** 9.00am to 11.00am every 3rd Friday of each month

We started the 'drop-in' sessions in January 2007 this helps the Volunteer Centre communicate with the villages that we serve. We still need to find venues in Crockenhill, Hextable and Farningham and hope to achieve this soon.

Do not forget our new lo' rate phone number : **0845 241 2180**