

## “Volunteering”

*I wanted to be a volunteer,  
The idea came into my mind,  
I thought it would be nice to help others  
But couldn't get off my behind.*

*I'd seen lots of posters and leaflets,  
And spoken to an enthusiastic chap  
About doing things for others,  
But quite frankly my commitment is crap!*

*I've talked a lot about helping  
And can see there are people with needs,  
And I've got the skills to assist them,  
But just can't start sowing the seeds.*

*I've talked a lot about helping,  
but talking is all that I've done,  
and the thought of doing something about it  
has really got me on the run.*

*So what should I do about helping?  
How do I become a Volunteer?  
It's actions NOT words that are needed.  
It's really that simple my dear!*

*You can call the Volunteer Centre  
On sixty-six, ninety-two, ninety-two (01322 669292),  
Or an E-mail to [info@swanleyvolunteers.com](mailto:info@swanleyvolunteers.com),  
Will also get you straight through.*

*So get off that couch you potato.  
Stop finding a way to say “No.”  
Get out there and help the less fortunate,  
For “Volunteering” is the way to go!*

*Written by Anon.E.Mouse for Swanley and District Volunteer Centre (2009)*